

Sound for Transformation

In the beginning there was the Word. In which language? Perhaps it was just a sound. Sound is a powerful medium which can be used to create and to disintegrate form and matter.

Cyamics is the science of the creation of form with sound, first demonstrated by sound pioneer Hans Jenny. An art and science of sound for spiritual upliftment and physical healing has grown tremendously in the last decades.

Edgar Cayce said the medicine of the future would be sound, and indeed it has taken its place on the forefront, with the identification of wave forms to address the balancing of specific chakras and organs. From chants to didgeridoos to Mozart, science has turned its inquiring eye on the entire topic of sound, and the documentation of waveforms, with some remarkable conclusions being drawn. Music by Mozart is now recommended as a superlearning technique.

Practitioners of what is commonly termed “sound healing” may use either specific vowels, sounds, and rhythms to move and balance energy, for example, using an “ah” sound to open their energy, or using specific vowels to correspond with a particular chakra. In some cases, practitioners intuitively allow sound waves to be drawn through them vocally by the individual seeking balance. The affects are palpable. In some cases, longstanding discomfort is relieved immediately. Sound can be used by a trained individual to diagnose themselves by determining vocally, as “a poor man’s sonar”, where blocks in their own body’s energy field exist. And many currently engaged in “earth healing” use sound to open doorways between dimensions to facilitate extraordinary partnership and what could be described as miraculous alterations of reality.