

Scared or Sacred

Very recently this particular set of words came to my attention. Because I misspelled "scared." So obviously "scared" is about fear, which is not deemed particularly holy. And "sacred" is deemed particularly holy and more aligned with love.

Scientists tell us that the human nervous system can only house either fear or love, never both at the same time. The *Course in Miracles* teaches that there are only two choices, to fear or to love. So when we are afraid, or scared, if we choose to feed ourselves with and fill ourselves with love, we lift our energy toward the sacred.

Apparently we are at choice, as a species, as heirs to heaven, about whether we are going to feed and embody love or fear. *Which will determine whether we ultimately are scared or sacred.* So very interesting that the patterns of the letters are so similar, and the meaning so opposite. We must be on a polarity planet.