

Pop Quiz

Psychic Protection

Having allowed myself to be aware of energies surrounding me, I became aware of my need for protection from disharmonious or intrusive ones. And on a free will planet of choice, the spectrum of energies is vast indeed.

When I asked to be shown how I am affected by others' energies, I was shown a web of strings coming to me. Then I was shown how I can send out similar energy strings to others. Of course it works both ways, and I am slightly more responsible for what I send out than what I am affected by.

Knowing the only real protection is to be so powerfully connected to the heart of my God that I am focused on my highest outcomes and so completely full of love at all times that nothing else can possibly enter my space, I find I am not 100% able to pull that off. And so I have my regimens, strategies and tools. One of which is to ASK for help from my Angels and God regularly. To ask for protection.

And I have over the years been quite disappointed to discover that when I ask I do receive, but it does not always seem to hold. In fact, the windows are occasionally alarmingly short. I am disgruntled at this state of affairs, and constantly negotiating to get a better deal.

In exasperation, I complained loudly this week about the assurances of protection followed by an incursion of one kind or another. It made it seem to me that the assurance was false. I felt betrayed. So, being me, I demanded an explanation.

I was so oh so kindly informed that "being protected does not necessarily mean you will be unaffected. You will not be harmed. You may be challenged."

I was so sorry to hear that! And yet it rang so true. I am grateful for my protection. And on notice that I am engaged in a curriculum on Earth School which, by definition, is a constant series of challenges, which I plan to graduate from, unscathed.

Of course, the further notes indicate that I am in charge of the definition of injury versus information. And remembering I was "told" decades ago that "pain is only more and different movement than your ego/body/mind has expected". I apparently must remember that I am unconquerable and unstoppable.

The occasional challenges are *Pop Quizzes*.